Lent at home

A devotional book for kids and the grownups who love them as we learn the Lord's Prayer



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What is Lent?

The season of Lent is a time of preparation for the celebration of Easter. It's a time to remember that we need Jesus.

We remember that God loves us SO MUCH.

We remember that God is holy and we are not.

We remember that we can trust God with our honest thoughts and talk to Him in prayer.

We remember that God's love is SO BIG He forgives us.

We remember that we can turn to God, trust in Jesus, and receive His loving forgiveness.

We remember that because of His love and kindness, God sends His Holy Spirit to comfort and guide and help us.

We remember that God is with us.

We are never alone.

This year during Lent

we are learning the Lord's Prayer – the prayer that Jesus taught us to pray. This prayer helps us to know and love God and to love what He loves.

As we learn each part of the Lord's Prayer, we will string wooden beads to help us remember the words. The textures of the beads will mark different parts of the prayer, helping to connect our heart, mind, and hands. There are also cards with pictures and words that may help your heart and mind to understand, too.

In this booklet, there are scripture readings to help us know more about who God is and what He is like – as we grow deeper in our love for and trust in Him.

At the end of Lent, we will know the whole Lord's Prayer, we will have a better understanding of why and how Jesus taught us to pray through by reading God's story, and we will have created a beautiful garland, too.

Use some, or all of these tools, to help you on your journey of faith this season.



getting ready

Prepare a special place - a sacred space - where you go to rest and remember, listen and wait, as you read God's word and talk with Him each day.

Lay out your special cloth and your wide purple ribbon to mark this important season of Lent. Place your candle on top of your ribbon.

Place this booklet and tool bag of beads and cards nearby to help you as you read and pray and remember.

You may even want to have some art supplies handy to doodle or draw or paint in response to all that the Lord is saying to you.

what is prayer?

Throughout His life, we see Jesus talking to God through prayer. Prayer is a way to have a conversation with God – to talk to Him and for Him to talk to us.

In the prayer that Jesus taught his disciples – The Lord's Prayer – Jesus shows us different ways to talk to God.

We can say, "Thank you." We can say, "I'm sorry." We can say, "Please."

We can listen to Him as He speaks His love over us, perhaps in whispering words or pictures in our minds or a quiet peace we can feel deep down inside.

I wonder what the Lord's gentle voice sounds like to you?

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

OUR FATHER, WHO ART IN HEAVEN

String the bead with flat sides to mark this section of the the Lord's Prayer when we address God. String one large round bead to remember this part of the Lord's Prayer.

Read the following passage to help you understand what God is like as our Father.

A reading from Luke 15:11-32.

11 Jesus continued, "There was a man who had two sons.12 The younger son spoke to his father. He said, 'Father, give me my share of the family property.' So the father divided his property between his two sons.

13 "Not long after that, the younger son packed up all he had. Then he left for a country far away. There he wasted his money on wild living. 14 He spent everything he had. Then the whole country ran low on food. So the son didn't have what he needed. 15 He went to work for someone who lived in that country. That person sent the son to the fields to feed the pigs. 16 The son wanted to fill his stomach with the food the pigs were eating. But no one gave him anything.

17 "Then he began to think clearly again. He said, 'How many of my father's hired servants have more than enough food! But here I am dying from hunger! 18 I will get up and go back to my father. I will say to him, "Father, I have sinned against heaven. And I have sinned against you. 19 I am no longer fit to be called your son. Make me like one of your hired servants."' 20 So he got up and went to his father.

"While the son was still a long way off, his father saw him. He was filled with tender love for his son. He ran to him. He threw his arms around him and kissed him.

21 "The son said to him, 'Father, I have sinned against heaven and against you. I am no longer fit to be called your son.' 22 "But the father said to his servants, 'Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet. 23 Bring the fattest calf and kill it. Let's have a feast and celebrate. 24 This son of mine was dead. And now he is alive again. He was lost. And now he is found.' So they began to celebrate.

25 "The older son was in the field. When he came near the house, he heard music and dancing. 26 So he called one of the servants. He asked him what was going on.27 'Your brother has come home,' the servant replied. 'Your father has killed the fattest calf. He has done this because your brother is back safe and sound.'

28 "The older brother became angry. He refused to go in. So his father went out and begged him. 29 But he answered his father, 'Look! All these years I've worked like a slave for you. I have always obeyed your orders. You never gave me even a young goat so I could celebrate with my friends. 30 But this son of yours wasted your money with some prostitutes. Now he comes home. And for him you kill the fattest calf!' 31 "'My son,' the father said, 'you are always with me. Everything I have is yours. 32 But we had to celebrate and be glad. This brother of yours was dead. And now he is alive again. He was lost. And now he is found.'"

The Word of the Lord. Thanks be to God.



I wonder what you notice about how the Father loves both sons?

HALLOWED BE THY NAME

String the bead with flat sides to mark this section of the the Lord's Prayer where we are asking God to do something.

String one large round bead to remember this part of the Lord's Prayer.

Read the following passage to help you understand why we ask God's name to be "hallowed" or "holy".

A reading from Exodus 3:1-6; 33:18-23; 34:29.

1 Moses was taking care of the flock of his father-in-law Jethro. Jethro was the priest of Midian. Moses led the flock to the western side of the desert. He came to Horeb. It was the mountain of God. 2 There the angel of the Lord appeared to him from inside a burning bush. Moses saw that the bush was on fire. But it didn't burn up. 3 So Moses thought, "I'll go over and see this strange sight. Why doesn't the bush burn up?" 4 The Lord saw that Moses had gone over to look. So God spoke to him from inside the bush. He called out, "Moses! Moses!"

"Here I am," Moses said.

5 "Do not come any closer," God said. "Take off your sandals. The place you are standing on is holy ground."
6 He continued, "I am the God of your father. I am the God of Abraham. I am the God of Isaac. And I am the God of Jacob." When Moses heard that, he turned his face away. He was afraid to look at God.

. . .

18 Then Moses said, "Now show me your glory."

19 The Lord said, "I will make all my goodness pass in front of you. And I will announce my name, the Lord, in front of you. I will have mercy on whom I have mercy. And I will show love to those I love. 20 But you can't see my face," he said. "No one can see me and stay alive."

21 The Lord continued, "There is a place near me where you can stand on a rock. 22 When my glory passes by, I will put you in an opening in the rock. I will cover you with my hand until I have passed by. 23 Then I will remove my hand. You will see my back. But my face must not be seen." 29 Moses came down from Mount Sinai. He had the two tablets of the covenant law in his hands. His face was shining because he had spoken with the Lord. But he didn't realize it.

The Word of the Lord. Thanks be to God.



I wonder about a time when you saw something glorious?

THY KINGDOM COME

String one large round bead to remember this part of the Lord's Prayer.

Read the following passage to help you understand what it looks life for God's kingdom to come.

A reading from Luke 2:1-7.

 In those days, Caesar Augustus made a law. It required that a list be made of everyone in the whole Roman world.
 It was the first time a list was made of the people while Quirinius was governor of Syria. 3 Everyone went to their own town to be listed.

4 So Joseph went also. He went from the town of Nazareth in Galilee to Judea. That is where Bethlehem, the town of David, was. Joseph went there because he belonged to the family line of David. 5 He went there with Mary to be listed. Mary was engaged to him. She was expecting a baby. 6 While Joseph and Mary were there, the time came for the child to be born. 7 She gave birth to her first baby. It was a boy. She wrapped him in large strips of cloth. Then she placed him in a manger. That's because there was no guest room where they could stay.

The Word of the Lord. Thanks be to God.

I WONDER

I wonder how Jesus being born brings God's kingdom here?

THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN

String one large round bead to remember this part of the Lord's Prayer.

Read the following passage to help you understand what heaven looks like on earth.

A reading from Revelation 21:3-4.

3 I heard a loud voice from the throne. It said, "Look! God now makes his home with the people. He will live with them. They will be his people. And God himself will be with them and be their God. 4 'He will wipe away every tear from their eyes. There will be no more death.' And there will be no more sadness. There will be no more crying or pain. Things are no longer the way they used to be."

The Word of the Lord. Thanks be to God.

I WONDER

I wonder about something that makes you sad that you want Jesus to make un-sad?

GIVE US THIS DAY OUR DAILY BREAD

String one large round bead to remember this part of the Lord's Prayer.

Read the following passage to see how God provides what we need each day.

A reading from Exodus 16.

1 The whole community of Israel ... came to the desert.

4 Then the Lord spoke to Moses. He said, "I will rain down bread from heaven for you. The people must go out each day. Have them gather enough bread for that day.

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. . .

21 Each morning everyone gathered as much as they needed.

The Word of the Lord. Thanks be to God.



I wonder what God has provided for you today?

AND FORGIVE US OUR TRESPASSES, AS WE FORGIVE THOSE WHO TRESPASS AGAINST US

String one large round bead to remember this part of the Lord's Prayer.

Read the following passages to see what God's forgiveness looks like.

A reading from Romans 3:23.

23 Everyone has sinned. No one measures up to God's glory.

The Word of the Lord. Thanks be to God.

A reading from 1 John 1:8-9.

8 Suppose we claim we are without sin. Then we are fooling ourselves. The truth is not in us. 9 But God is faithful and fair. If we confess our sins, he will forgive our sins. He will forgive every wrong thing we have done. He will make us pure.

The Word of the Lord. Thanks be to God.

A reading from Luke 5:18-26.

18 So some men came carrying a man who could not walk. He was lying on a mat. They tried to take him into the house to place him in front of Jesus. 19 They could not find a way to do this because of the crowd. So they went up on the roof. Then they lowered the man on his mat through the opening in the roof tiles. They lowered him into the middle of the crowd, right in front of Jesus.

20 When Jesus saw that they had faith, he spoke to the man. He said, "Friend, your sins are forgiven."

21 The Pharisees and the teachers of the law began to think, "Who is this fellow who says such an evil thing? Who can forgive sins but God alone?" 22 Jesus knew what they were thinking. So he asked, "Why are you thinking these things in your hearts? 23 Is it easier to say, 'Your sins are forgiven'? Or to say, 'Get up and walk'? 24 But I want you to know that the Son of Man has authority on earth to forgive sins." So he spoke to the man who could not walk. "I tell you," he said, "get up. Take your mat and go home." 25 Right away, the man stood up in front of them. He took his mat and went home praising God. 26 Everyone was amazed and gave praise to God. They were filled with wonder. They said, "We have seen unusual things today."

The Word of the Lord. Thanks be to God.

I WONDER

I wonder if you remember a time you hurt God or someone else, or if you remember a time when someone has hurt you? I wonder what God says to you in his gentle voice as you talk to Him about those things you are remembering?

AND LEAD US NOT INTO TEMPTATION

String one large round bead to remember this part of the Lord's Prayer.

Read the following passage and notice what Jesus did when He was tempted.

A reading from Matthew 4:1-11.

1The Holy Spirit led Jesus into the desert. There the devil tempted him. 2 After 40 days and 40 nights of going without eating, Jesus was hungry. 3 The tempter came to him. He said, "If you are the Son of God, tell these stones to become bread."

4 Jesus answered, "It is written, 'Man must not live only on bread. He must also live on every word that comes from the mouth of God.'"

5 Then the devil took Jesus to the holy city. He had him stand on the highest point of the temple. 6 "If you are the Son of God," he said, "throw yourself down. It is written,

" 'The Lord will command his angels to take good care of you.

They will lift you up in their hands.

Then you won't trip over a stone.'"

7 Jesus answered him, "It is also written, 'Do not test the Lord your God.'"

8 Finally, the devil took Jesus to a very high mountain. He showed him all the kingdoms of the world and their glory.9 "If you bow down and worship me," he said, "I will give you all this."

10 Jesus said to him, "Get away from me, Satan! It is written, 'Worship the Lord your God. He is the only one you should serve.'"

11 Then the devil left Jesus. Angels came and took care of him.

The Word of the Lord. Thanks be to God.

I WONDER

I wonder when you feel tempted?

BUT DELIVER US FROM EVIL

String one large round bead to remember this part of the Lord's Prayer.

Read the following passages and notice how God protects and cares for us.

A reading from 1 Corinthians 10:13.

13 You are tempted in the same way all other human beings are. God is faithful. He will not let you be tempted any more than you can take. But when you are tempted, God will give you a way out. Then you will be able to deal with it.

The Word of the Lord. Thanks be to God.

A reading from Psalm 23:1-4.

1 The Lord is my shepherd. He gives me everything I need.

2 He lets me lie down in fields of green grass. He leads me beside quiet waters.

3 He gives me new strength.He guides me in the right paths for the honor of his name.

4 Even though I walk through the darkest valley, I will not be afraid.

will not be afraid.

You are with me.

Your shepherd's rod and staff comfort me.

The Word of the Lord. Thanks be to God.

I WONDER

I wonder how you notice that the Lord cares for you?

FOR THINE IS THE KINGDOM, AND THE POWER, AND THE GLORY FOREVER AND EVER

String the bead with flat sides to mark this section of the the Lord's Prayer when we give glory and praise to God.

String one large round bead to remember this part of the Lord's Prayer.

Read the following passage and join in praising God.

A reading from Psalm 150.

1 Praise the Lord.

Praise God in his holy temple.

Praise him in his mighty heavens.

2 Praise him for his powerful acts.

Praise him because he is greater than anything else.

3 Praise him by blowing trumpets.

Praise him with harps and lyres.

- 4 Praise him with tambourines and dancing. Praise him with stringed instruments and flutes.
- 5 Praise him with clashing cymbals. Praise him with clanging cymbals.
- 6 Let everything that has breath praise the Lord.

Praise the Lord.

The Word of the Lord. Thanks be to God.

I WONDER

I wonder how you praise God?

AMEN.

String the bead with flat sides to mark this section that ends the the Lord's Prayer.

String one large round bead to remember this part of the Lord's Prayer.

String the final, smallest bead and tie the end of the ribbon around it to hold all the beads in place.

We say 'Amen' to show that we agree with the words we have said, that we trust the the Lord will hear and answer us.

A reading from Psalm 106:48.

48 Give praise to the Lord, the God of Israel,

for ever and ever.

Let all the people say, "Amen!"

Praise the Lord.

The Word of the Lord. Thanks be to God.



known. loved. not alone.

Scan to listen to our **RestoKids: Lent and Easter** Spotify playlist.



